

Adult Inpatient - Substance Use Treatment and Psychiatric Hospitals

Nebraska City, NE:

Mission Field Treatment Center (Substance Use) **402-873-1130**

Lincoln, NE:

Bryan Health West **402-481-1111**
(24/7 mental health emergency dept. located at 2300 S. 16th Street, Lincoln, NE)

Bryan Independence Center **402-481-5268**

St. Monica's (Women) **402-441-3768**

The Bridge Behavioral Health (male) **402-477-3951**

Touchstone **402-474-4343**

Other Nebraska Locations:

Richard Young Behavioral Health Center - CHI Health (Kearney) **308-865-2000**

Mary Lanning Healthcare (Hastings) **402-463-7711**

Omaha, NE & Council Bluffs, IA Area:

ARCH Halfway House (Men) **402-346-8898**

Immanuel - CHI Health Psychiatric Residential Treatment Facility (Adult, Child & Adolescent) **402-572-2040**

Immanuel - Heritage Center (Seniors) **402-572-2523**

Inroads to Recovery **402-932-2248**

Jennie Edmundson Hospital - Methodist (Council Bluffs, IA) **712-396-6000**

Lasting Hope Recovery Center - CHI Health (Adult psychiatric facility) **402-717-5300**

Mercy Council Bluffs - CHI Health (Adult, Child & Adolescent) **712-328-5000**

NOVA **402-455-8303**

Northpoint Nebraska **402-685-9479**

Stephen Center's HERO Addition Recovery Program **402-715-5440**

Adult Outpatient - Substance Use Treatment and/or Mental Health

Nebraska City, NE:

Arbor Psychiatric and Wellness Center **402-713-0110**

Blue Valley Behavioral Health **402-873-5505**

Complete Behavioral Health **402.590.2947**

Mission Field Treatment Center **402-873-1130**

Lincoln, NE:

Associates in Counseling & Treatment (ACT) **402-261-6667**

Bryan Independence Center **402-481-5268**

Catalyst Behavioral Health **402-261-8313**

CenterPointe Outpatient Services **402-475-5161**

Encompass Care **402-261-6212**

HopeSpoke **402-475-7666**

Lutheran Family Services **402-441-7940**

Pine Lake Behavioral Health & Medical **402-434-2730**

St. Monica's (Women) **402-441-3768**

The Bridge Behavioral Health **402-477-3951**

Omaha, NE & Council Bluffs, IA Area:

Capstone Behavioral Health **402-614-8444**

CenterPointe Campus for Hope **402-827-0570**

CHI Health Clinic Psychiatric Associates **402-572-2916**

CHI Health Clinic Psychiatric Associates (Bellevue) **402-717-7681**

CHI Health Outpatient Behavioral Care at 20 locations **402-717-HOPE (4673)**

Community Alliance **402-341-5128**

Heartland Family Service **402-552-7400**

Inroads to Recovery **402-932-2248**

Safe Harbor **402-715-4226**

Stephen Center's HERO Addiction Recovery Program **402-715-5440**

Salvation Army Adult Rehabilitation Center **402-342-4135**

Valley Hope of Omaha **402-991-8824**



Mental Health and Addiction Resources



24-Hour Crisis Lines

Crisis and Suicide Lifeline

Boys Town National Hotline

CHI Health Behavioral Health Crisis Line

988

1-800-448-3000

402-717-HOPE (4673)



24-Hour Crisis Lines

Suicide and Crisis Lifeline	988
Boys Town National Hotline	1-800-448-3000
CHI Health Behavioral Health Crisis Line	402-717-HOPE (4673)
Veterans Crisis Line	800-273-8255

Nebraska Family Helpline 1-888-866-8660

Any problem. Any time. Raising kids is hard. The Nebraska Family Helpline is here to help. It's OK to ask for advice. Resources for parents & families available 24/7.

<http://dhhs.ne.gov/Pages/Nebraska-Family-Helpline.aspx>



Crisis Text Line (National)
Text **HOME to 741741** to connect with a Crisis Counselor.
Free 24/7 support at your fingertips.

Boys Town National Text Line
Text **voice to 20121** (text charges from your phone carrier may apply)

Safe2Help Nebraska 531-299-SAFE (7233)

Safe2Help Nebraska is an anonymous and secure hotline and cell phone app to share safety related information or concerns to the appropriate school, crisis counselor or law enforcement agency. They are here to help keep you, your school and community safe.

www.safe2helpne.org



Victims of Abuse

Child, Adult & Elder Abuse	1-800-652-1999
Project Response (crisis line & emergency shelter)	1-800-456-5764
Friendship Home - Emergency Shelter	402-437-9302
Voices of Hope Crisis Line	402-475-7273

Detoxification

Nebraska City, NE:

Mission Field Treatment Center
402-873-1130

Lincoln, NE:

The Bridge Behavioral Health
402-477-3951

Omaha, NE:

Douglas County Detox 402-444-1975
Northpoint Nebraska 402-685-9479
Rise Recovery Services 888-360-0909

Homeless Shelter

Lincoln, NE:

Friendship Home 402-437-9302
People's City Mission's Family Shelter 402-475-1303
People's City Mission's HIS Center (men) 402-475-1303
People's City Mission's The Curtis Center 402-475-1303 ext. 132

Omaha, NE & Council Bluffs, IA area:

Micah House 712-323-4416
New Visions Homeless Services (Council Bluffs) 712-256-3940
New Visions Homeless Services 402-505-3523 (Veterans Campus)
Open Door Mission 402-422-1111
Open Door Mission - Lydia House 402-829-1531
Siena Francis House / Miracle Program 402-341-1821
Stephens Center's Pettigrew Emergency Shelter 402-715-5471 Shelter office

Support Services for Mental Health and Substance Use

Mental Health Services

Keya House (Crisis diversion home) 402-261-5959

Mental Health Association of Nebraska 402-441-4371

NAMI Nebraska 402-345-8101

NAMI is the National Alliance on Mental Illness. NAMI Nebraska provides statewide support to families and friends of individuals with mental illness. Consumers, family members, professionals, and friends come together and take comfort in the commonality of their experiences and to educate the community about brain disorders.

<https://naminebraska.org>



Substance Use Support Services

Al-Anon / Alateen Nebraska 402-477-9662

Lincoln 402-477-9662
Omaha 402-553-5033

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve their common problems.

Alcoholics Anonymous - Nebraska Hotline 1-877-AA-OF-NEB (226-3632)

OmahaAA.org (To find meetings, search by your location)



Narcotics Anonymous Helpline - Nebraska Region

24 HOUR HELPLINE

Omaha Metro Iowa 402-660-3662
1-800-897-6242

www.eastern-nebraska-na.org

Saturday 7 pm | 1hr | No Pass Meeting (Open Mtg.)
2400 Central Avenue, Nebraska City, NE



Stop Overdose Nebraska (Free Narcan/Naloxone at Participating Pharmacies)

Stop Overdose Nebraska works to educate the public about life-saving NARCAN / NALOXONE, a fast-acting drug that can save someone who is experiencing an opioid overdose.

<https://stopodne.com/>



Peer Support

Mental Health Association of Nebraska (R.E.A.L program) 402-419-6364
MHA-NE.org

Wellbeing Initiative 531-254-5451
necoalitionforpeers.org/wellbeing-initiative-inc

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