

# PILATES REFORMER

## Individual

## Partner

## Group (3-4)

### Pay As You Go

1 session  
30 minutes

\$30.00

10+ sessions  
30 minutes

\$25.00

1 session  
45 minutes

\$30.00

10+ sessions  
45 minutes

\$25.00

Drop In Class

1 session  
30 minutes

\$15/person

### Auto Pay EFT (minimum of 3 months)

1x/week  
30 min session

\$88/month  
\$22/session

2x/week  
30 min sessions

\$160/month  
\$20/session

3x/week  
30 min sessions

\$216/month  
\$18/session

4x/week  
30 min sessions

\$256/month  
\$16/session

5x/week  
30 min sessions

\$280/month  
\$14/session

1x/week  
45 min session

\$70/month  
\$17.50/session

2x/week  
45 min sessions

\$125/month  
\$15.63/session

3x/week  
45 min sessions

\$170/month  
\$14.17/session

4x/week  
45 min sessions

\$195/month  
\$12.19/session

5x/week  
45 min sessions

Currently Not Offered

1x/week  
45 min session

\$60/month  
\$15/session

2x/week  
45 min sessions

\$115/month  
\$14.38/session

3x/week  
45 min sessions

\$150/month  
\$12.50/session

4x/week  
45 min sessions

Currently Not Offered

5x/week  
45 min sessions

Currently Not Offered

### Additional Services

#### Nutrition

30 min Session 2x/month  
(Training Clients)

\$25.00/  
month

30 min Session 2x/month  
(Non Training Clients)

\$50.00/  
month

#### Equipment Instruction

Equipment Instruction  
(private)

\$20.00

Equipment Instruction  
(partner or group)

\$15.00

#### InBody

InBody Scan  
(Training Clients)

\$10.00

InBody Scan  
(Non Training Clients)

\$15.00

#### Accountability Session

Accountability Session  
(First Session \$20.00)

\$15.00

#### Body Composition

Body Composition

\$20

#### Kids Camp (Ages 14-15)

4 Sessions

\$50

\*All training clients receive 1 InBody Scan every 3 months

