

Are you interested in bariatric surgery? CHI Health is working to accommodate your weight loss needs closer to home!

Brittani E. Moeller, DO at CHI Health Good Samaritan Clinic - Family Medicine in Kearney, NE, is working with the Weight Management team at CHI Health Immanuel in Omaha to make this happen for those interested.

How it works:

1. Begin your weight loss process by meeting with Dr. Moeller monthly, where you will discuss eating, exercise, and track your weight loss progress.
2. Through her office, you will also be guided through any testing and further evaluations you need arranged as part of your pre-surgical work up.
3. Closer to your surgery, you will go to Omaha to meet your surgeon as well as the weight loss nurse practitioner and registered dietitian. They will help you choose which surgery is best for you and work to finalize a surgery date.
4. All bariatric surgeries will be done at CHI Health Immanuel in Omaha when you are ready and have met the goals and requirements.
5. After surgery, Dr. Moeller will help support patients in their continued weight loss journey and do all follow up visits in Kearney, NE.

Helpful tips to move forward:

- Call your insurance carrier to see if you have bariatric coverage. Below is a list of questions you will want to ask them.
 1. Does your insurance plan cover you for bariatric surgery? If this a second surgery, does your insurance cover you for a second surgery?
 2. The CPT codes that helps the insurance company identify if you are covered are: Lap band #43770, Sleeve gastrectomy #43775, RNY or Gastric Bypass #43644.
 3. Ask if "CHI Immanuel Hospital" is in network
 4. Ask if (the doctor that you chose) is in network
 5. What are your requirements per insurance to get approved for surgery (i.e., 6 month medical weight management? Psychological evaluation? Etc....)
- The next step to moving forward is to watch an online video of the surgeon of your choice. In the video you will learn more about the surgery options available for weight loss and which option may be right for you. To watch the video and meet our surgeons, Dr. Michael Hovey and Dr. Kalyana Nandipati, go to **CHIhealth.com/BariatricWebinars**.

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