

Patient Name: \_\_\_\_\_

GSMG Orthopaedic Surgery

Date of Birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

# Knee History

Date of Visit: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Which knee are we seeing you for? (circle ONLY ONE of the following): *Right/ Left/ Both*

What bothers you the most about your knee(s)? (circle ONLY ONE of the following):

*Pain, Swelling, Catching, Locking, Instability(Giving Out), Deformity(crookedness), Grinding, Popping*  
Other: \_\_\_\_\_

What else bothers you about your knee(s)? (circle ALL of the following that apply to your knee(s):

*Pain, Swelling, Catching, Locking, Instability(Giving Out), Deformity(crookedness), Grinding, Popping*  
Other: \_\_\_\_\_

When did the knee symptoms begin? \_\_\_\_\_

Are symptoms worsening/progressing over time? Yes/No

Was there ever an injury to the knee? Yes/No If "Yes", when was the injury? \_\_\_\_\_  
If "Yes", how was it injured? \_\_\_\_\_

Have you ever had surgery performed on your RIGHT knee? Yes/No

If "Yes", what type of surgery(s) and when? (1) \_\_\_\_\_ (3) \_\_\_\_\_  
(2) \_\_\_\_\_ (4) \_\_\_\_\_

Have you ever had surgery performed on your LEFT knee? Yes/No

If "Yes", what type of surgery(s) and when? (1) \_\_\_\_\_ (3) \_\_\_\_\_  
(2) \_\_\_\_\_ (4) \_\_\_\_\_

Have you ever had an infection in either knee? Yes/No \_\_\_\_\_

Have you ever had a blood clot (DVT) in either leg? Yes/No \_\_\_\_\_

Have you ever had a blood clot go to your lungs (pulmonary embolism)? Yes/No \_\_\_\_\_

Does your RIGHT HIP bother you? Yes/No \_\_\_\_\_

Does your LEFT HIP bother you? Yes/No \_\_\_\_\_

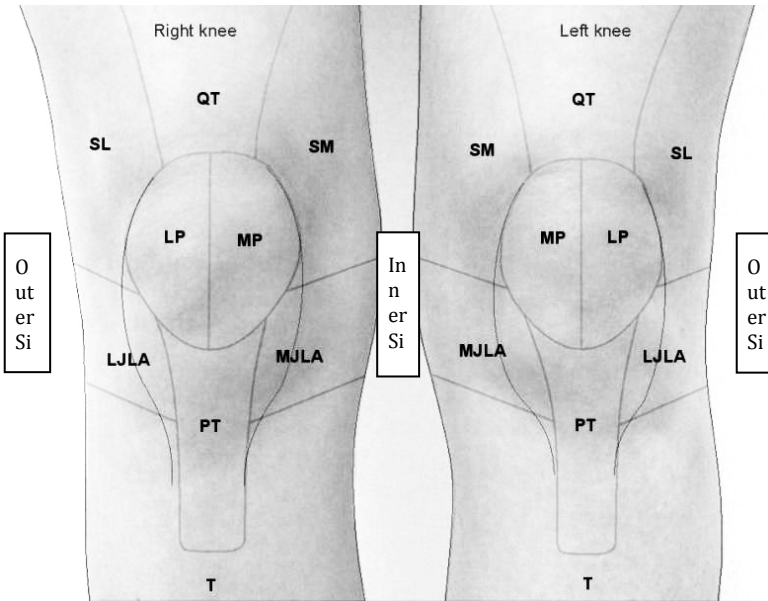
Does your LOW BACK bother you? Yes/No \_\_\_\_\_

Do you ever have numbness or tingling in either leg or foot? Yes/No \_\_\_\_\_

Where is your KNEE pain located?(please mark location on the diagrams below with X's or arrows)

Right Knee:

Left Knee:



Right Knee:

Left Knee:

In Front  
In Back  
Inner Side  
Outer Side  
Behind the knee cap  
Below the knee cap  
Above the knee cap

In Front  
In Back  
Inner Side  
Outer Side  
Behind the knee cap  
Below the knee cap  
Above the knee cap

Is your knee pain aggravated by activity that involves bearing weight (walking / standing)? Yes/No

Is your knee pain alleviated by rest (avoiding activity)? Yes/No

Do you have pain in your knee at night?  
If "Yes", does your night pain interfere with sleep? Yes/No

What activities aggravate your knee? \_\_\_\_\_

What activities have you had to limit or avoid because of your knee? \_\_\_\_\_

Do you feel that your quality of life is suffering because of your knee? Yes/No \_\_\_\_\_

If "Yes", how much is your quality of life suffering?

(Please circle one of the following):

*Mildly / Moderately / Severely*

Is your quality of life suffering enough for you to consider knee surgery? Yes/No \_\_\_\_\_

### Prior Treatment

Have you used medication(s) for your knee? Yes/No

<u>Medication Name:</u>	<u>Did it Help?</u>	<u>Are you still taking it?</u>
(1) _____:	Yes/No _____:	Yes/No
(2) _____:	Yes/No _____:	Yes/No
(3) _____:	Yes/No _____:	Yes/No
(4) _____:	Yes/No _____:	Yes/No
(5) _____:	Yes/No _____:	Yes/No

Has your knee ever been injected with cortisone? Yes/No  
 How many times? \_\_\_\_\_ Did cortisone injection(s) help? Yes/No

Has your knee ever been injected with Synvisc/Hyalgan/Orthovisc/"Rooster Comb"? Yes/No  
 How many times? \_\_\_\_\_ Did these injection(s) help? Yes/No

Have you used a brace for your knee? Yes/No Did this help? Yes/No

Have you had physical therapy for your knee? Yes/No Did this help? Yes/No

Have you had chiropractic treatment for your knee? Yes/No Did this help? Yes/No

Do you use a cane/walking stick because your knee? Never/Sometimes/Always/ In the past

Do you use a walker because your knee? Never / Sometimes / Always/ In the past

Do you use crutches because your knee? Never / Sometimes / Always/ In the past

What other treatment(s) have you tried? \_\_\_\_\_ Did this help? Yes/No  
 \_\_\_\_\_ Did this help? Yes/No  
 \_\_\_\_\_ Did this help? Yes/No

Is there any other information that you would like to share with us about your knee?  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

***Thank you very much for completing all of this form!***